



Smart Minds

Smart Minds offers a friendly, safe place for people living with dementia or memory loss, together with a family member, friend or carer.

You can get creative*, do a puzzle or play a game. Plenty of tea, coffee and biscuits always available!

We're open on Monday afternoons (not bank holidays),
From 1-3pm

At Hadleigh United Reformed Church, SS7 2DQ

If you would like to find out more, please contact:

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